



Dear Colleagues ,

EMDR Executive Committee had a very useful meeting this evening with the EMDR colleagues in Ukraine, Czech Republic, Poland, Romania, Slovakia , Lithuania and Hungary . They have very positive useful ideas about how they are managing the huge demand on their services due to war. They are those that are receiving a huge number of refugees, since they are the neighbour countries of Ukraine.

Some have developed a series of activities as EMDR Associations to meet the needs of refugees based on the following:

- Location (refugees camps, centers, governmental programmes, etc.)
- Speak Ukrainian or Russian (use of translators and other resources)
- Level of EMDR Training
- Child and Adolescent Training
- Willing to provide free face to face sessions
- Willing to provide supervision
- Willing to provide personal support to clinicians on the field

We are sure many of the National Associations have already done this but it may be useful for you to consider these criteria as the war continues and people may move to different parts of Europe.

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